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C O N T E N T S.

P R O S E.

1. Meteorological observations made in Philadelphia, January 1792,	43
2. Oration on the nature and uses of history,	<i>ibid.</i>
3. Meditations in a library,	46
4. <i>Short account of the marquis de la Fayette,</i>	48
5. Origin of duelling,	49
6. Electricity and magnetism compared. By the abbe Bertholon,	50
7. Observations on cruelty to animals,	54
8. <i>Important observations on the shoals of Nantucket,</i>	56
9. Moon-scrip,	57
10. Observations on blindness. By mr. Bew,	58
11. Extent of London—contrast between the city and the west end of the town—peculiarities in the houses and public buildings,	60
12. <i>Dissertation on porter. Read before the medical society of South Carolina, May 28, 1791. By dr. Budd,</i>	64
13. <i>Art of procuring pleasant dreams. By dr. Franklin,</i>	67
—Letters to a young lady. By the rev. John Bennet.	
14. Letter IV. On orthoepey and heathen mythology,	70
15. Letter V. On painting, sculpture, and architecture,	71
16. Letter VI. On voyages and travels,	<i>ibid.</i>
17. Hint to farmers,	72
18. Report of the secretary of the treasury on manufactures, continued,	
Appendix II.	*25
On protecting duties,	*30
Prohibitions of rival articles, or duties equivalent to prohibitions,	<i>ibid.</i>
Prohibitions of the exportation of the materials of manufactures,	<i>ibid.</i>
1792. Part I.	F

Pecuniary bounties,	- - - - -	* 31
Premiums,	- - - - -	* 33
Exemption of the materials of manufactures from duty,	- - - - -	* 34
Drawbacks of the duties which are imposed on the materials of manufactures,	- - - - -	<i>ibid.</i>
Encouragement of new inventions and discoveries,	- - - - -	* 35
Judicious regulations for the inspection of manufactured commodities,	- - - - -	<i>ibid.</i>
The facilitating of pecuniary remittances from place to place,	- - - - -	* 36
The facilitating of the transportation of commodities,	- - - - -	<i>ibid.</i>
Manufactures of iron,	- - - - -	* 38
Of lead,	- - - - -	* 40
Of wood,	- - - - -	* 41
Of skins,	- - - - -	<i>ibid.</i>
Of grain,	- - - - -	* 42
Of flax and hemp,	- - - - -	* 44
Of cotton,	- - - - -	* 45
Of wool,	- - - - -	* 47
Of silk,	- - - - -	* 48
Of glass,	- - - - -	<i>ibid.</i>
Of paper,	- - - - -	<i>ibid.</i>

## P O E T R Y.

19. Epitaph on the French nobility—a la mode de Payne,	App. I.	† 1
20. Epitaph on do.—a la mode de Burke,	-	† 2
21. Lucy. A poem,	-	<i>† ibid.</i>
22. Address to a lady who wished for the establishment of a female university,	-	† 3
23. Ode on the birth-day of the president of the united states,	-	† 4
24. Verses to a lady,	-	† 5
25. Defence of the ladies,	-	<i>† ibid.</i>

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 TO CORRESPONDENTS.

THE observations on the aspersions of the negroes, and the extract from the meteorological journal of the rev. mr. Reichell—intended for the present number, have been unavoidably postponed.

Abfurd customs—the hill of science—and remarks on the treatment of servants, shall appear in the next number.

The secretary of the treasury's report, and the observations on blindness, shall be concluded in our next.

The transposed lines for the *amusement* of the ladies, would be more likely to *perplex* than *amuse*.

*Meteorological observations made at Philadelphia, in January 1792.*

Days.	Barometer. English foot,			Thermom. Fahrenheit.		Anemometer. Prevailing wind.	Weather.
	In. $\frac{1}{12}$ $\frac{1}{16}$	In. $\frac{1}{12}$ $\frac{1}{16}$	In. $\frac{1}{12}$ $\frac{1}{16}$	D $\frac{1}{16}$	D $\frac{1}{10}$		
1	30	4	3	30	9	0	rain,
2	29	11	7	29	11	10	rain,
3	29	10	7	29	10	7	fog,
4	30	2	12	30	3	10	fair,
5	30	4	0	30	0	13	fog,
6	29	10	5	30	0	9	fair,
7	30	3	2	30	2	5	cloudy, snow,
8	30	0	15	30	1	2	cloudy,
9	30	2	12	30	3	3	cloudy,
10	30	4	5	30	4	14	fair,
11	30	5	9	30	5	8	fair,
12	30	2	6	29	11	9	cloudy,
13	29	5	12	29	6	8	fair, snow,
14	29	9	10	29	10	14	cloudy,
15	30	1	4	30	1	4	fair,
16	30	1	14	30	2	6	cloudy,
17	30	3	3	30	3	0	fair,
18	30	1	8	29	10	8	cloudy, snow,
19	29	8	9	29	9	0	fair,
20	29	10	3	29	8	11	fair,
21	29	11	14	29	12	0	fair,
22	29	10	9	29	11	5	snow,
23	30	4	5	30	4	11	fair,
24	30	3	8	30	2	13	fog,
25	30	3	7	30	3	4	cloudy,
26	30	3	13	30	3	12	fog,
27	30	4	10	30	4	12	fog,
28	30	5	4	30	5	8	cloudy,
29	30	5	0	30	4	14	fair,
30	30	5	5	30	3	7	cloudy,
31	29	7	14	29	7	14	cloudy,

RESULT.	Barometer.			Thermometer.			Wind and
	28th gr. deg. ele.	30	5 8	23d great. deg. cold	0	7 0	weather.
	13th least elevat.	29	5 12	1st great. deg. heat	4	5 9	Cloudy and
	Variation,	0	11 12	Variation,	4	5 2	variable.
	Mean elevation,	30	1 4	Mean deg. heat,	2	2 7	WNW. NW.

*An oration on the importance and utility of history, pronounced before a literary society in New York, December 13th, 1791, by David S. Bogart.*

GENTLEMEN,

WITH gratitude and pleasure, I commence the performance of the honourable task, which your goodness has imposed. And though the practice of prefacing orations with apologies for deficiency in talents, and with petitions for uncommon indulgence, is almost universally prevalent: yet I shall, in this instance, neglect the usual, nugatory custom, and proceed immediately to my subject. To a few observations on the importance and utility of history, permit me to invite your candid attention.

History in general may be defined, *a relation of facts*; and is distinguished into the different species, according to the nature of the facts which it relates.

It is not my intention at present, to enumerate and enlarge upon each of the different kinds of history, but shall treat of it in its most general signification. It is a subject which deserves very unusual attention, and an acquaintance with which, is singularly profitable. Here the restless principle of curiosity may find constant employment, and the most powerful incitements, to new and further research. Here, the desire of novelty, so congenial to the human mind, may be fully gratified. And, what is still more engaging, here, the votaries of learning may receive the most useful and important information.

As a cause of exciting curiosity, it may be of advantage in forming a habit of enquiry; as a means of affording variety, it may lead us on to the discovery of facts, of which we might, otherwise, have been ignorant; as a source of information, it may furnish us with necessary examples for the regulation of our conduct.

I shall take up this subject in three different points of view, as it relates to men in their individual, their religious, and their social capacity. That history interests us, as men, is too clear to require a demonstration. As long as the knowledge of mankind, shall be deemed necessary and important, so long the study of history will be considered as worthy of the most assiduous application. It is the best representation of human nature any where to be obtained. It is the anatomy of the human heart. It is the miniature picture of the world. Viewed in this light, its utility is particularly conspicuous. To attend to the study of human nature with a design and a desire to improve, discovers prudence, as well as a sense of duty.

"The proper study of mankind is man," said a celebrated poet; and indeed when we consider all mankind as the descendents of a common parent, and members of the same family; a general knowledge of the conduct and situation of the various branches, through all the changes and succession of ages, appears in the most interesting point of view.

It is with nations as it is in families. From the very constitution of things, they are subject to frequent changes and revolutions. Every individual, therefore, as a member of the great family, may with propriety enquire into the innumerable alterations, and divisions, which have arisen since its first formation. Every individual may feel interested to learn the origin and progress of society; to acquire some information of the vast increase of population—of the rise and fall of great kingdoms—of the division of countries—of the migrations to, and settlements of uninhabited territories—and of the wars, calamities, and judgments, which have disturbed the happiness of mankind.

As christians, an acquaintance with history, is an object of the first magnitude. History contains an illustration of a divine and superintending providence, in every age of the world. It corroborates the predictions of scripture, and elucidates some of its darkest and, otherwise, unintelligible prophecies. It holds up to view, the palpable errors and absurdities of the ancients, and it teaches the infinitely various ideas and opinions of different nations, on the subject of religion. It exposes the cruel and impetuous fury of superstition, and the blindness and ignorance of bigotry. It informs us of the miraculous preservation of the christian church, amidst the opposition of persecutors, and the invidious contempt of infidels. It renders an account of the noble martyrs for the truth of divine revelation, who, as it is expressed by an elegant and very judicious author,

"Liv'd unknown,  
Till persecution dragg'd them into fame,  
And chas'd them up to heaven."



Thus it may often be very satisfactorily perused, and, in affording convincing evidence of the truth of religion, it is extremely interesting to the christian.

The third view, in which I am to consider history, is, as it relates to men in their social capacity; or as they constitute a nation, and are the subjects of a civil polity. Under this head, it will appear to be indispensibly requisite. To assert, that the rise and declension of every republic and empire in the world, has been effected by the operation of the same causes, precisely in the same way, would contradict its general testimony. The causes have been various, and their operation in many points different, and perhaps sometimes opposite.—

As a source of salutary political instruction, history is an inestimable treasure. Its design is to teach by example and experience, and thus to preserve the statesman, from wild and extravagant theories, which will never admit of being reduced into practice. It is the mirror which reflects the true image of a nation. It is at once an entertaining and advantageous mean, by which we may trace the source, and the successive changes of every government existing upon earth. Where, but from history, can we learn the eminently superior situation of those nations, who have encouraged and cultivated the art and sciences, above those who have been held in darkness and ignorance? How, but from its gilded page, can we ascertain, that knowledge has ever been essential to the existence of liberty, and that tyranny is the child of ignorance?

Hence its advantage, to evince the necessity of promoting the interests of literature, of instilling into the tender mind the principles of liberty and a knowledge of the rights of man—and of extensively diffusing among all ranks of citizens political information. With infinite service may the historic page be made a guide to the pen, the speeches, and the conduct of the politician: and this may often enable him, to restrain his country from the adoption of measures, which, perhaps, have been fatally ruinous to others. The experience of nations, of which it is the reservoir, may with inconceivable advantage, be made the helm of government, to steer the political vessel safely through the storms of faction, and the deep-laid intrigues of ambition.

Did history answer no other purpose, than to transmit to posterity, the names of a Hannibal or a Cesar, without a detail of their conduct and achievements—did it teach us only, that such empires as the Assyrian and Persian once existed, without giving an account of their first formation, their conquests, their government, and the causes of their decline, it would be both useless and insipid. Its importance and utility arise, not only from its recording an event, but also, from its describing the concomitant circumstances; not only from its preserving the names of personages and of empires, but also from its delineating the conduct of the one; and enumerating the causes, which co-operated to prosper or ruin the other.

While it presents us with the names of the Grecian and Roman republics, it affords the means of investigating their rise, their progress, their principles, their numbers, their religion, their government, the changes which they underwent, the causes of their decline, and at length of their total subversion. While it paints the character of an Alexander as execrable, it unfolds that of a Cincinnatus, as worthy of admiration and praise. While it brands with indelible infamy, the name of a Cataline, it crowns that of a Cicero, with never-fading laurels. While it exposes a cruel and barbarous Nero, as one of the most disgusting objects in nature; it elevates a meritorious Socrates to immortal honours.

It is true, that history is, for the most part, but a melancholy testimony of human depravity.—We read of the foolish pride of monarchs—of their impious and cruel ambition—and of unlawful and barbarous wars. Of what does more than the half of history consist, but a relation of murders, rapine, injustice, perfidy, and revenge? It represents the world as in a continual ferment and per-

turbation, harrassed and torn to pieces by factions, civil dissensions, and ill-designing ambition. The inimical disposition of a prince has sacrificed thousands of his subjects to gratify his resentment. The desire of fame has stimulated the general, even at the expense of right and humanity, to immortalize his name. The triumphal entry of a Roman emperor is made amidst the united acclamations of the soldiery and citizens; while nature, clothed in cypress, bewails the ruthless fate of her sons. However disagreeable such relations may be, they are indubitable proofs, of the wickedness and debasement of the human heart. They afford a lesson of great utility to future ages, and are necessary to be recorded for their instruction.

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### MEDITATIONS IN A LIBRARY.

**F**ROM every thing in nature, a wise man may derive matter of meditation. In meditation, various authors have exercised their genius, and tortured their fancy. An author who meant to be serious, has meditated on the mystery of weaving; and an author, who never meant to be serious, has meditated on broomsticks. Let me also contemplate: and this library shall be the subject of my meditations.

Before my eyes, an almost innumerable multitude of authors are ranged—different in their opinions, as in their bulk and appearance. In what appearance or light shall I view this great assembly? Shall I consider it as an ancient legion, drawn out in goodly array, under a fit commander; or as a modern regiment of writers, where the common men have been forced by want, or seduced through wickedness, into the service, and where the leaders owe their advancement rather to caprice, party favour, and partiality of friends, than to merit or service?

Shall I consider you, O ye books! as a herd of courtiers or strumpets, who profess to be subservient to my use, and yet seek only your own advantage? No, let me consider this room as the great charnel-house of human reason, where darkness and corruption dwell; or, as a certain poet aptly expresses himself,

Where hot and cold, and wet and dry,  
And beef, and broth, and apple pie,  
Most slovenly assemble.

Who are they, whose unadorned raiment bespeaks their inward simplicity? they are law books, statutes, and commentators on statutes; these are acts of parliament which all men must obey, and yet only few can purchase. Like the sphinx of ancient times, they speak in enigmas: and yet devour the unhappy wretches who comprehend them not.

Those are commentators on statutes; for the perusing of them, the longest life of man would prove insufficient; for the understanding of them, the utmost ingenuity of man would not avail.

Cruel is the dilemma between the necessity, and the impossibility of understanding; yet are we not left utterly destitute of relief. Behold, for our comfort, an abridgment of law and equity. It consists not of many volumes; it extends to only twenty-two folios. Yet as a few thin cakes may contain the whole nutritive substance of a stalled ox, so may this compendium contain the essential gravy of many a report and adjudged case.

The sages of the law recommend this abridgment to our perusal. Let us, with all thankfulness of heart, receive their council. Much are we beholden to the physicians, who only prescribe the bark of the quinquina, when they might oblige their patients to swallow the whole tree.

From these volumes, I turn my eyes on a deep-embodied phalanx, numerous and formidable. They are controversial divines; so has the world agreed to

term them. How arbitrary is language, and how does the custom of mankind join words that reason has put asunder! Thus we often hear of hell-fire cold, of devilish handsome, and the like; and thus controversial and divine have been associated.

These controversial divines have changed the rule of life, into a standard of disputation. They have employed the temple of the most high as a fencing school, where gymnastic exercises are daily exhibited, and where victory seems only to excite new contests. Slighting the bulwarks wherewith he who bestowed religion upon mankind, had secured it, they have encompassed it with various minute out-works, which an army of warriors can with difficulty defend.

The next in order to them, are the redoubted antagonists of common sense; the gentlemen who close up the common high-way to heaven, and yet open no private road for persons having occasion to travel that way. The writers of this tribe are various, but in principles and manners are nothing dissimilar. Let me review them as they stand arranged. These are epicurean writers, who have endeavoured to confound the ideas of right and wrong, to the unspeakable comfort of highwaymen and stock-jobbers. These are enquirers after truth, who never deign to implore the aid of knowledge in their researches. These are sceptics, who labour earnestly to argue themselves out of their own existence; herein resembling that choice spirit, who endeavoured so artfully to pick his own pocket, as not to be detected by himself. Last of all, are the compilers of rhapsodies, fragments, and (strange to say it) thoughts.

Amidst this army of anti-martyrs, I discern a volume of a peculiar appearance; its meagre aspect, and the dirty gaudiness of its habit, makes it bear a perfect resemblance to a decayed gentleman. This wretched monument of mortality was brought forth in the last century; it was the darling and only child of a man of quality. How did its parent exult at its birth! How many flatterers extolled it beyond their own offspring, and urged its credulous father to display its excellencies to the whole world! Induced by their solicitations, the father arrayed his child in scarlet and gold, submitted it to the public eye, and called it, "Poems by a man of honour." While he lived, his booby offspring was treated with the cold respect due to the rank and quality of its parent; but when death had locked up his kitchen, and carried off the keys of his cellar, the poor child was abandoned to the parish, and kicked from stall to stall, like a despised prostitute; and, after various calamities, was rescued out of the hands of a vender of Scotch snuff, and safely placed as a pensioner in the hands of freethinkers.

Thou first, thou greatest vice of the human mind, Ambition! all these authors were originally thy votaries! They promised to themselves a name more durable than the calf-skin that covered their works. The calf-skin (as the dealers speak) is in excellent condition, while the books themselves remain the prey of that silent critic, the worm.

Complete cooks, and conveyancers, bodies of school divinity, and Tommy Thumb; little story books, systems of philosophy, and memoirs of women of pleasure; apologies for the lives of players, and prime ministers, are all consigned to one common oblivion.

One book, indeed, there is, which pretends to little reputation; and, by a strange felicity, obtains whatever it demands. To be useful for some months only, is the whole of its ambition; and though every day that passes confessedly diminishes its utility, yet it is sought for and purchased by all. Such is the deserved and unenvied character of that excellent treatise of practical astronomy, called the almanack.

*The following account of the ILLUSTRIOUS MARQUIS DE LA FAYETTE, extracted from a London paper, cannot fail to be acceptable to every reader who knows how to appreciate real magnanimity and patriotism.*

**T**HE personal services of monsieur la Fayette have been accompanied with pecuniary sacrifices of an enormous kind.—Through the whole of the revolution, he not only filled the important station of commandant-general of the Parisian army, without pay, but he kept open house. For many days during the national federation in 1790, he entertained 300 persons per day in his hotel; and in general he has had a table of forty covers for the *etat-major*, and for distinguished foreigners. His bounty to distressed veterans has also been conspicuous; and it is known, that he has thus reduced an ample fortune to a mere trifle. He has not 20,000 livres a year of property left, out of an annual revenue of 200,000 livres, with which he came into life. His sacrifices have been all made on the altar of liberty; for in promoting the freedom of America, he expended many thousand pounds, besides devoting his own person to the cause.

He stands completely acquitted from all suspicion, that during the disorders incident to the French revolution, he has stained his military and patriotic character, by mixing in the corruptions which have been practised. He has never diverted a louis d'or from its public destination. Sensible of these facts, and grateful for his eminent services, the best men in France are now eager to find the means of conferring on him some fair recompense. He has rejected every proposition that has been made: and it is feared, that his proud and honourable delicacy will keep him steadfast in the refusal of every national return. It has been proposed to give him the *ecole militaire*, for a town residence: and as he refuses all consideration for himself, to adopt his two daughters, and to give them a dowry worthy the magnificence of the nation. This also he peremptorily rejected, and, taking the *Cincinnatus* of America for his model, is determined to sell every estate but the ancient family residence in Auvergne, where he means, by his own example, to promote a higher cultivation of the soil, and to teach the people a more comfortable scheme of rural life, than that which is now found in France. For this purpose, he has already moved his family to Auvergne, where he has introduced two English families, a farmer and a gardener, with their wives and children: and here he proposes to sit under his own vine, in the freedom which he has so largely contributed to establish, and from which he will not depart, unless to defend it from the violence of hostile attack. Content in honest poverty,

“ He looks upon things precious, as they were

“ The common muck o’er all the world: he covets less

“ Than misery itself would give; rewards

“ His deeds with doing them.”

Every attempt to reason him out of this independent spirit has been in vain. They have told him that it has ever been not only the first duty, but the most forward inclination of every free state, to give noble testimonies of its gratitude to its patriots and heroes. Without referring to the old world, they stated, that the great and opulent Marlborough did not disdain to receive from England a palace, nor the illustrious Chatham a peerage and a pension. Ireland has forced on the great author of its freedom a becoming reward; and if his own model, the deliverer of America, has refused all pecuniary return from his fellow-citizens, it should be remembered, that general Washington had made no sacrifices of his patrimony in the cause, and, what in M. la Fayette’s instance ought to be urgent, had no children, dependent on his fortune. These arguments, however reasonable, have drawn from him no other than a very warm expression of thanks to his fellow soldiers for their solicitude and kindness, with a decisive declaration, that the small remainder of his fortune was more than equal to his wants, and that in truth he was richer than ever, for he possessed the luxury he coveted most, civil and religious liberty.



## O R I G I N   O F   D U E L L I N G .

*From a pamphlet on that subject.*

**A** Great number of very judicious and useful observations on duelling are contained in this treatise. The author thus describes the origin of this practice :

The judicial combat obtained in ignorant ages, on a conclusion that in this appeal to Providence, innocence and right would be pointed out by victory, and guilt stigmatised and punished by defeat. But, alas ! experience at length taught us not to expect a miraculous interposition, whenever superior strength, superior skill, and superior bravery or ferocity, either or all of them, happened to appear on the side of injustice.

Dr. Robertson (in his elaborate history of the reign of the emperor, Charles V.) derives the fashion of terminating private differences by the sword or pistol, from the illustrious example of the challenge sent by Francis I. of France, to the emperor Charles V. and if this was not the first instance of a voluntary challenge, independent of legal authority, the dignity of the parties, who proposed to decide their quarrel this way, was sufficient sanction for extending this custom. Dr. Robertson's remarks on this memorable affair are well worth producing, and are as under :

" The example of two personages so illustrious, drew such general attention, and carried along with it so much authority, as gave rise to an important change of manners all over Europe. Duels, as has been already observed, had long been permitted by the European nations, and, forming a part of their jurisprudence, were authorised by the magistrate on many occasions, as the most proper method of terminating questions with regard to property, or of deciding those which respected crimes. But single combats being considered as solemn appeals to the omniscience and justice of the Supreme Being, they were allowed only in public causes, according to the prescription of law, and carried on in a judicial form. Men accustomed to this manner of decision in courts of justice, were naturally led to apply it to personal and private quarrels. Duels, which at first could be appointed by the civil judge alone, were fought without the interposition of his authority, and in cases to which the law did not extend. The transaction between Charles and Francis strongly countenanced this practice. Upon every affront, or injury, which seemed to touch his honour, a gentleman thought himself entitled to draw his sword, and to call on his adversary to make reparation. Such an opinion introduced among men of fierce courage, of high spirit, and of rude manners, when offence was often given, and revenge was always prompt, produced most fatal consequences. Much of the best blood in Christendom was shed ; many useful lives were sacrificed ; and, at some periods, war itself hath scarcely been more destructive, than these contests of honour. So powerful, however, is the dominion of fashion, that neither the terror of penal laws, nor reverence for religion, have been able entirely to abolish a practice unknown among the ancients, and not justifiable by any principle of reason : though at the same time it must be admitted, that it is absurd custom we may ascribe, in some degree, the extraordinary gentleness and complaisance of modern manners, and that respect of attention of one man to another, which, at present, render the social intercourse of life, far more agreeable and decent than among the most civilised nations of antiquity."

This is, perhaps, saying as much as can be advanced on the favourable side of duelling ; and it would be strange, if a practice so generally adopted had nothing to be offered in its vindication : but it would be paying an unmerited compliment to the duel, if the advantages of social civility and gentleness of behaviour were attributed more to its brutal origin, than to the operation of



arts and commerce, which prevailed so little in ancient times, but which have given so evident a superiority to our civil institutions, and taught us the immense advantages derived from the mild intercourse of peaceable manners.

*The author, after having very fully exposed the wickedness, folly, and absurdity of duelling, proposes the following method for determining the quarrels of men of honour :*

Let a law be solicited, declaring the act of sending a challenge, or the reducing a person to defend his life with sword or pistol, to be felony ; and the killing a person in a duel to be punished as murder, unless sufficient proof is made that the party killed really urged the combat.

In every quarrel between two gentlemen, where satisfaction is thought necessary, let the parties be empowered to summon a jury of honour from among their friends, six to be appointed by one gentleman, and six by the other ; or, in case of a refusal of either party, let the six chosen by the other complete the number by their own appointment, each nominating one : and finally, let all this be done, if possible, free from the embarrassing intervention of lawyers.

Let this jury of honour, when duly assembled, discuss the merits of the dispute in question, and form their opinion by a majority of votes ; but to guard against generating fresh quarrels by the discovery of the votes on either side, let the whole twelve be bound to secrecy upon their honour, and the whole twelve sign the verdict of the majority. Let a copy of this verdict be delivered, or transmitted to the gentleman whose conduct is condemned ; and if he refuses to make the required concession, or due satisfaction, let this opinion be published in such a manner as may be thought proper, and be understood to divest him of his character as a gentleman, so long as he remains contumacious.

By this single expedient, conveyed in few words, it is hoped the necessity of duels may be effectually superceded, the practice suppressed, and ample satisfaction enforced for all injuries of honour. In the examination of subjects of importance, we are often tempted to overlook the thing we want, on a supposition that it cannot be near at hand. This plan may, perhaps, admit of amendment ; but it is to be feared, that the more complicated it is rendered, the more difficult it may prove to carry into execution ; and it is to be hoped, such as it is, it will not be the worse thought of, for coming from an unknown pen. Perhaps this circumstance may operate in its favour. Occasional tribunals of honour, so easily erected, to suit all affairs that can come before them, would, in all likelihood, support the proper decorums of genteel behaviour, more strictly than the apprehensions of being called to account in the present inconsistent mode.



## ELECTRICITY AND MAGNETISM COMPARED.

*By the abbe Bertholom.*

**T**HE phenomena of magnetism, which have an affinity with those of electricity, have induced several philosophers to think, that there is an analogy between the two fluids which produce them, and even to consider them as of the same nature. These phenomena being curious and interesting in themselves, it may not be amiss to mention them. Natural and artificial electricity, sometimes produce magnetism in bodies which are susceptible of it, and sometimes change its direction. The truth of this we cannot doubt, since it is demonstrated by well authenticated experiment. Let us begin with the proofs, furnished by observation, made upon natural electric ty.

First, the philosophical transactions relate, that mr. Howard, being on board

a vessel bound to Barbadoes, in company with another vessel commanded by Mr. Grafton, of New England, they heard a dreadful clap of thunder, in the latitude of Barbadoes, by which the mizen mast of the second vessel was broken, the sails torn, and the rigging considerably damaged. When the danger of this accident was passed, Mr. Howard, whose vessel had not been touched, was much surprised to see the companions of his voyage going on a course, contrary to that which they had pursued before. He at first thought that fear had made them mistake their direction, and that they would soon discover their error; but perceiving, that they still continued to go on, and not being near enough to hail them, he followed their course. When he was near enough to speak to them, he found that they were pursuing their voyage, as they thought, and sailing upon that thumb, which, according to their compass, was proper to conduct them to their place of destination. This mistake proceeded from the poles of the needle being changed, the north pole having become a south pole, and the south pole a north. They turned the flower de luce with the finger, and pointed it directly north; but the moment it was left at liberty, it resumed its former direction towards the south. All the compasses in the ship were in the same situation; and this strange accident could not be accounted for, but by attributing it to the thunder and lightning abovementioned. Mr. Howard was obliged to lend Mr. Grafton a compass, to enable him to finish his voyage; but we are not told, whether those, which had been affected in this manner, ever recovered their first direction\*. We know also, that lightning having fallen upon the vessel of Captain Waddel, the poles of the needles of all his compasses were changed in the like manner, the north point turning always towards the south.

To these proofs, we may add also a phenomenon long known to mariners. They have often had occasion to remark irregular motions in the needle of the compass, during stormy weather; and sometimes the cause of these agitations is so strong, that the needle moves several times round the card.

Besides, it is certain, that in the time of an aurora borealis, which is incontrovertibly a phenomenon of electricity, the needle is more or less agitated, and experiences most astonishing variations. The observations of several German, English and French philosophers, leave us in no doubt of the truth of this singularity. I myself have remarked it several times. As a further proof, I shall here mention an observation made by Father Cotte. This able philosopher, on the 17th of September 1770, observing a continual agitation in the needle of his compass, which, every instant, varied from fifteen to twenty minutes, thought himself authorised, in consequence of this, to announce an aurora borealis for the evening of that day; which, indeed, appeared not only at Paris, but in most of the countries of Europe. Since that period, he has announced others, and always with the same success.

A constant remark which this careful observer has made, since he has followed the daily declination of the magnetic needle, is, that its variations are much greater and more frequent, on the approach of stormy weather. I have also observed, in certain cases, that when stormy clouds passed over a building guarded by a large conductor, good magnetic needles, well suspended, experienced very singular agitations.

Observations, analogous to the preceding, have been made on the electricity of volcanoes, the influence of which on the needle of a compass is very sensible. Father della Torre observed, that a magnetic needle was much agitated on the summit of mount Vesuvius. Mr. Brydone made the same remark on the

## NOTE.

\* Philosophical transactions, 1655, No. 122.

top of mount *Ætna*. The needle, however, always pointed to the north; but on the top of the volcano, more time was requisite for it to assume that direction than when it was at the bottom. *Recupero*, a man perfectly well informed of every thing which concerns *Ætna*, soon after the eruption of 1755, placed his compass in the lava, and, to his great astonishment, "the needle was agitated with much violence for a considerable time, until it entirely lost all its magnetic virtue. It turned indifferently towards every point of the card, and did not recover its former property, without being again touched with the magnet."

Secondly, several direct experiments concur, also, to prove, that electricity has a very sensible influence over magnetism. Mr. Kinnerley having placed the needle of a compass upon the point of a long pin, and held it in the atmosphere of a prime conductor, at the distance of about three inches, found that it whirled round with great rapidity.

About the year 1751, dr. Franklin succeeded in giving to needles a polar direction by artificial electricity, and even of changing it at pleasure. "A shock," says he, "given by four large glass vessels in the form of jars, to a fine sewing needle, floating in the water, gave it a magnetic direction, and it traversed readily." If the needle be placed east and west, at the time when it is struck, the end, by which the electric fluid entered, points to the north. If it be placed north and south, the end, which is turned towards the north, will continue to point north when it is put upon the water, whether the fluid entered by that end or by the other. It may, perhaps, be superfluous to mention here, that when the masses, upon which one operates, are too large, or when the electricity is too weak, the experiment will not succeed, as happened to Mr. Wilson at London.

Mr. de Buffon was also one of the first, who thought that magnetism must be an effect of electricity, and this was the case a long time, before he was acquainted with the conjectures of the philosopher of Philadelphia. In the beginning of the year 1752, this great man requested Mr. d'Alibard to make him six needles of steel, that he might try to communicate the magnetic virtue to them by an electric shock. The method, which the latter pursued, was as follows. Having prepared, for the Leyden experiment, a large glass cucurbit and a matras, he put a needle, the cap of which had been taken off, between two plates of glass, the one longer than the other, in order that the two ends of the needle might extend beyond the edges of the latter. The whole was then put into a press made on purpose, placed in such a manner, that it formed part of an electrical circle, or communicated at both ends with a machine; and the shock was discharged through it. The apparatus being then taken to pieces, the cap adjusted, and the needle suspended upon its pivot, it assumed a northern and southern direction, and was strongly attracted by a piece of iron presented to it; in a word it had fully acquired the magnetic virtue.

Mr. d'Alibard immediately tried to change the poles of this needle, by giving it another shock in a contrary direction, and had the wished-for success.

The experiment, repeated several times, produced the same effects. This needle preserved its magnetic virtue several months; but sometime after its force decreased insensibly; it was even necessary, at that period, to hold a key within the distance of three or four lines from it, before it could be attracted. The same philosopher conveyed the magnetic virtue, by the same means, to two other needles, which preserved their force for a very considerable space of time. They were struck by a shock, given at the same instant by four large glass jars, prepared for the Leyden experiment.

These effects give us reason to believe, that old bars of iron exposed long to the injuries of the air, on the tops of very high buildings, such as those on the

steeples of Chartres, Aix, &c. would not acquire the magnetic virtue, were it not for the influence of natural electricity. However this may be, Mr. d'Ambard remarked, that in whatever direction his needles were placed, when they received the shock, the end of the needle, by which the electric fluid entered, was that which constantly turned towards the north; and consequently the end, through which the fluid came out, directed itself towards the south. To change, therefore, the poles of a needle to which the magnetic virtue is communicated in this manner, nothing is necessary, but to give it a shock in a contrary direction.

From these proofs some philosophers have concluded, that electricity and magnetism are the same thing; but it appears to me, that they are wrong; for all, that we can thence conclude, is, that electricity produces magnetism in certain cases. Perhaps even this effect depends rather on the strong agitation and violent shock, which the electric fluid causes in the needle, than from any peculiar virtue. Mr. Van Swinden is of the same opinion. It is well known from Mr. Réaumur's experiment, that iron immediately acquires the magnetic virtue, by the stroke and percussion of a common hammer.

Whatever truth there may be in this observation, it is certain, that if electricity resembles magnetism in a few points, there are a great many in which they differ, and which establish a very essential unlikeness. From these we shall select a small number, which will, undoubtedly, appear decisive. The electric fluid shows itself under the form of luminous sparks, but the faintest light could never yet be obtained from the magnetic fluid. The electric fluid is rendered very sensible by shocks and violent commotions; but it has never yet been possible to give the smallest shock by means of the loadstone. The electric fluid acts in some manner or other upon every body, but the case is different with that of the magnet. The electric fluid communicates itself readily to all metals and semi-metals, while the magnetic fluid acts only upon iron; for example, it has never been found practicable to communicate the magnetic virtue to a needle made of silver. The magnetic virtue is permanent in the loadstone, and in iron; the electric virtue, on the contrary, is almost instantaneous. If one approaches a bar of iron electrified, a simple touch immediately deprives it of its virtue; but however long or often one may touch an artificial magnet, it still retains its magnetism.

It would be easy to recount a great many more marks of difference, between the two fluids, of which I speak; but those, which I have mentioned, appear to be sufficient to refute the opinion of those, who assert their identity. From the observations and experiments, which I have related, it results, therefore, that there is a great difference between magnetism and electricity; consequently that they are not produced by the same agent and the same principle, unless we suppose the fluid, which is the cause of both, to be modified in a very different manner in each case; which would be equivalent to allowing that they are two distinct fluids.

If there be so great a difference, then, between magnetism and electricity, we ought not to conclude, that they are the same, or even analogous; otherwise there would be an analogy between bodies the most unlike; for we observe classic and generic marks of resemblance between them, which are not sufficient to establish a particular analogy. Therefore, until direct, repeated and well authenticated experiments force us to admit a real analogy between the electric and the magnetic fluids, we may rest assured, that they have not a certain, but a very vague and general identity or analogy.



*of a new method of copying or multiplying writings and drawings, lately discovered in Paris.*

**T**HIS method was for a long time kept secret ; during which period every body was astonished at it : but at present, those who know it, justly think it not a very extraordinary improvement ; however, though upon the whole it may not be generally proper or advantageous, it may certainly be of singular use in particular cases.

What the inventor showed to those persons who visited him, was only a copperplate, upon which they were desired to write, or to make a drawing, in the same manner as if they had been writing upon paper, and with a pen, and certain ink which was likewise produced by the inventor. As soon as the writing or drawing was finished, he retired with the copperplate into another room, and in about an hour's time came out again with several copies upon paper, of the piece of writing or drawing which had been made upon the copperplate. The two surprising particulars were, the extraordinary similarity between the original and the copies, and the copies being not the reverse of the original. Without detaining the reader's curiosity any longer, we shall now describe the process, or at least a process capable of performing what has been mentioned above, with the utmost exactness.

The copperplate is covered with a slight coat of very soft varnish, (a mixture of wax and tallow, in equal quantities, answers very well) and the ink consists of a pretty strong solution of fixed alkali in water, to which some lamp-black is added, merely to give it a little blackness. If then you write with this ink upon the varnished plate, the pen naturally scrapes off some of the varnish, and, at the same time, the ink fills up the marks, and not only prevents the pieces of varnish from falling into the lines again, but even helps to clean, by dissolving the small quantity of varnish which the pen may have left here and there. Thus done, the copperplate is put into the aquafortis, in the usual way of etching, a ter which the plate is cleaned ; and the impressions are made after the usual method ; but, as these impressions are the reverse of the original, it is necessary to take each impression thus made, and to place it immediately upon another piece of wet paper ; the two papers are passed between the rollers of the press, by which means the second paper will be marked with an impression sufficiently strong, and exactly like the original ; so that the impression first made, performs the office of copperplate with respect to the second.

It is evident that this method consumes a double quantity of paper, and requires a double time ; but yet it may be of singular use when the real drawing of a painter is required to be exactly copied, or when several copies of a piece of writing are required in a shorter time than is necessary for accomplishing a plate engraved in the usual way.

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#### ON CRUELTY TO ANIMALS.

**I**T were to be wished, for the sake of humanity, that the doctrine of transmigration, which was so firmly believed by many of the ancients, still maintained itself in the world ; as it would certainly restrain us from frequent acts of cruelty, to consider, that the brute creation should hereafter be raised to a more exalted sphere of action, and that in doing violence to them, we offered an insult to some future happy beings. But, though this notion has long since been generally exploded, yet, considered as mere brutes who are annihilated at death, they have many claims to our tenderness and compassion. The dominion which man has over them, is by no means absolute ; for thus his commission runs : " rule with mercy ; and slay not wantonly, but from necessity ;" nay, however strange the expression may seem, their dependence on each other is mutual,



Wolves, lions, bears, and tigers, with innumerable other beasts of prey, which are not subject to man's controul, make no claim on him for sustenance and support; but domestic animals, and those whom nature hath placed more directly under his command, look up to him for daily food and protection, as a reward for their services. Thus, as Pope justly observes,

While man exclaims—"See all things for my use,"

"See man for mine"—replies a pamper'd goose.

If, therefore, man is styled the lord of the universe, he is more indebted for that flattering epithet to his mental powers and capacities, and the gift of speech, than to his sovereignty over the animal creation.

To become an advocate for brutes, while so many rational beings are destitute of the common necessities of life, may, perhaps, appear ridiculous and absurd; but it is a truth too evident to be denied, that the power given over them is become so general, that their services are often repaid, not by the methods which humanity dictates, but quite the reverse. Besides, who is so well prepared to lift up the fatal knife against his fellow being, as the man whose heart is grown callous by repeated acts of cruelty to his horse or dog? Or who, it may reasonably be asked, so likely to join a banditti of assassins, as the wretch who can delight in the tortures of an inoffensive animal; and, it might be added, if any farther apology is necessary, that we cannot but be sensible a horse endures pain from incessant lashes of the whip, while the distresses of men are often feigned, and a pretext for the blackest scenes of iniquity; nor can the dignity of man be insulted by this attempt, unless it is a degradation of his nature to implant the seeds of mercy and compassion. I intend to rest the merits of the whole on this single consideration, viz. the benefits man receives from the animal world. These are infinitely varied, according to the sphere and capacity of the creatures from whom they are derived. The horse is endued with strength, beauty, and speed; he contributes to the pomp, as well as the convenience of man; and by him we are carried from place to place with great velocity; yet is he so unconscious of his strength, that he submits to the reins, stoops to correction, and becomes so docile, that a child may lead him. The ox, the sheep, and the lamb, furnish our tables with delicious and wholesome repast; and we even take pride in that clothing which not long ago adorned them. The milk of the cow is adapted to answer the purposes of food, nourishment, and luxury; that of the ass and goat is sovereign in decays and consumptions, affording that health and vigour to the patient, which was sought from medicine in vain. The surly mastiff, the fawning spaniel, the vigilant house-dog, and the swift footed hound, should be remembered here, while

Grimalkin, to domestic vermin sworn  
An everlasting foe, with watchful eye  
Lies nightly brooding o'er a chinky gap,  
Portending her fell claws to thoughtless mice  
Sure ruin.

*Philos.*

The medicinal virtues of the viper and toad have been often experienced; the ant and bee afford striking examples of diligence and industry; and all the toil of the latter is for the service of man; to the crawling silkworm we are indebted for the most sumptuous apparel; nor is it improbable, that other species of worms, which weave a texture similar to, and whose transformations vary but little from it, may in future prove of equal importance to mankind. In short, natural history supplies us with numberless other instances of creatures infinitely diversified, who administer to the ease, the safety, the splendor or support of man. The feathered inhabitants of the air enliven the spring and summer months; the finny tribes of the sea, besides other services, gratify the epicure's palate; and those creatures, which are appointed to tread the ground,

afford pleasure, food, and raiment; nor are we indebted to the animal creation only, as both the vegetable and mineral systems are replete with abundant blessings.

Reflect on this, thou lord of the earth; and let it humble thy pride to be thus laid under obligations to the meanest of creatures; yet must it not at the same time flatter thy vanity, to see all creation trilling for thy ease and happiness; to see earth, air, and ocean united in thy interest? But let gratitude check thy vanity; let thy government be full of mercy, and such thoughts as these continually attend thee. Are not all these creatures the production of the same benevolent power which called me into existence? Do not they also receive from his bounty all they have, or are? Though placed in a more humble station, does not each of them fulfil the intentions of nature concerning them? Are not their organs affected by pleasure and pain, appetite and disease? Certainly, then, cruelty towards them is ingratitude towards heaven, an abuse of its creatures, and of the power with which I am vested.

I cannot help observing here, that there is an extreme on the contrary side, which, though a fault, nevertheless indicates a compassionate mind; and, it is natural to suppose, that where so much kindness to the animal species prevails, the human is far from being overlooked. I shall conclude this essay with an epitaph on a favourite dog; which breathes the language of an affectionate and tender heart:

Beneath this turf of grass is laid  
The fond, the gentle Mog;  
Reader, upon him softly tread,  
Tho' he was but a dog.

Thus into death and darkness hurl'd,  
Ah! must his kindness end,  
Who bore good will to all the world,  
But chiefly to his friend?

Fain would I hope thou liv'st at ease,  
Or in a sphere dost move,  
Where all like thee are fond to please,  
And words express their love,

For if, as ancient fables taught,  
Brutes after death assume  
A different form, thy spirit ought  
To wear the richest plume.



*Important observations upon the shoals of Nantucket, for the benefit of those who sail to New England. Translated from a French manuscript.*

FROM my observations on the charts of the North American seas, and books that treat of this navigation, I find that it is the general opinion that the Nantucket shoals, upon which the sea breaks, are about twenty leagues in extent, and lie in 40 degrees of north latitude. Hence it is, that navigators begin to be alarmed, and take needless precautions, while yet a great distance off, which is frequently the occasion of retarding the voyage considerably.

M. Dourville, an officer of long experience in the French navy, (and who, in the time of the late war, was upon the New England coasts, in quality of lieutenant of one of the ships belonging to the united states, and is of the order of Cincin-

nati) made a discovery in 1787, which rectifies the mistakes of former navigators.

Being master of the brigantine *Two Sisters*, and on his passage from St. Pierre, and Miquelon, to the French American islands, and finding himself near these famous shoals, which, like other navigators, he much dreaded; he sound-d, examined, and repeated his operations at his leisure, sailing round them several times, and making the necessary observations, with due regard to the safety of his vessel and crew; and coming as near as was consistent with prudence.— The following is the result of his examination: 1. The shoals are of a conical form, and where they are really dangerous, not more in extent than twenty fathoms, so that there is little more danger of a vessel running accidentally upon them, than there is of running foul of another vessel in the common route between France and America. 2. With regard to the soundings; M. Dourville found four fathoms a league distant from the point of the breakers; at the distance of two ships lengths from the same breakers, there were two and a half fathoms. 3. By several observations of the latitude of this shoal, taken with the most scrupulous exactness, at different times, it was found that the breakers lie in latitude 40 degrees, 35 minutes, and bearing about south east of Nantucket island.

The above is conformable to the report of M. Dourville, certified by him at Baltimore, July 12, 1791.

DELAMOTTE, consul for the united states at Havre-de-Grace.

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### M O O N - S C R I P .

SOME worthy patriots have devised an additional source of national wealth and aggrandizement, which in all probability will surpass the many already discovered in this young commonwealth, so highly favoured above all the old nations, in the science of acquiring riches without labour! they mean to keep up, by means of *balloons*, an easy, quick, and constant intercourse with the *moon*; and thereby to carry on a lucrative commerce with the people of that planet. Especially is it their design to purchase landed estates there for our *bent-scrips*, *canal scrips*, and *national manufactory-scrips*. As the plan is absolutely sure, and the profits must be immense, the generous and enlightened freemen of the united states will no doubt patronize the enterprize.

The underwritten directors will sell 10,000 acres of the best lands for one share in the national manufactory, and so in proportion for any other kind of paper money—even the *old congress dollars*—which after so many years degradation may now be changed into gold.

Though the moon probably contains 1,000 times more good land than our Kentucky; yet, as it will quickly be disposed of on terms so advantageous, we sincerely wish, that all who have the laudable ambition of becoming great, and of exalting their families to a splendid fortune, may speedily apply. The first purchasers will certainly in less than a fortnight gain 100 per cent. on their shares: for such is now the NATIONAL SPIRIT, that the manufactory scrips are 50 dollars beyond par; though not a single loom can be in motion for these six months: and every body knows how agreeably many have sailed on the canals, which perhaps will never be dug in our days.

DOCTOR FAUSTUS, jun.  
ALBERTUS MAGNUS, jun.

*Observations on blindness, and on the employment of the other senses to supply the loss of sight. By Mr. Beau. From memoirs of the literary and philosophical society of Manchester. Continued from page 29.*

THE influence of music is still more generally to be observed than that of poetry. Music, almost without exception, appears to be the favourite amusement of the blind. There is no other employment of the mind, religious contemplation excepted, that seems so well adapted to soothe the soul, and dissipate the melancholy ideas, which, it may naturally be expected, will sometimes pervade the dispositions of those who are utterly bereft of sight. This, together with the beneficial influence that results from the practice of this delightful art, by quickening and perfecting the sense of hearing, is a matter that deserves the most serious attention. The celebrated professor, just now mentioned, excelled in performing on the flute, in his youth; and the refinement of his ear has been very justly attributed to his early attention to music. It is not, therefore, surprising that so many blind people have distinguished themselves in this science. Stanley and Parry were deprived of their sight in early infancy: yet both these gentlemen have displayed extraordinary proofs of their abilities, not only as composers and performers of music, but likewise in matters, that, at a first view, we might be apt to consider as peculiar to those who are fully possessed of the faculty of vision. Their separate reputations, as musicians, are sufficiently known and acknowledged. The style of Stanley is truly his own; and his execution on the organ, equal, if not superior, to any of his cotemporary performers on that grand instrument. Parry may be revered as the British bard of modern times. The halls of the Cambrian chief resound with the melodious vibrations of his harp, and he has united the refinements of taste and elegance to the rude, but expressive modulations of antiquity.

I pass over a number of instances, that might be offered to your notice, and proceed to give some account of Dr. Henry Moyes, the elegant reader on philosophical chemistry; whose lectures the greatest part of this society had the satisfaction of attending, and whose personal acquaintance several of us have enjoyed.

This intelligent philosopher, like the celebrated professor of Cambridge before-mentioned, lost his sight by the small-pox, in his early infancy. He never recollected to have seen: "but the first traces of memory I have," says he, "are in some confused ideas of the solar system." He had the good fortune to be born in a country where learning of every kind is highly cultivated, and to be brought up in a family devoted to learning.

Possessed of native genius, and ardent in his application, he made rapid advances in various departments of erudition; and not only acquired the fundamental principles of mechanics, music, and the languages; but likewise entered deeply into the investigation of the profounder sciences; and displayed an acute and general knowledge of geometry, optics, algebra; of astronomy, chemistry; and in short, of most of the branches of the Newtonian philosophy.

Mechanical exercises were the favourite employments of his infant years. At a very early age he made himself acquainted with the use of edged tools so perfectly, that notwithstanding his entire blindness, he was able to make little wind-mills; and he even constructed a loom, with his own hands, which still show the cicatrices of wounds which he received in the execution of these juvenile exploits.

By a most agreeable intimacy, and frequent intercourse, which I enjoyed, with this accomplished blind gentleman, while he resided in Manchester, I had an opportunity of repeatedly observing the peculiar manner in which he arranged his ideas, and acquired his information. Whenever he was introduced



into company, I remarked that he continued some time silent. The sound directed him to judge of the dimensions of the room, and the different voices, of the number of persons that were present. His distinction, in these respects, was very accurate; and his memory so retentive, that he seldom was mistaken. I have known him instantly recognise a person on first hearing him speak, tho' more than two years had elapsed since the time of their last meeting. He determined pretty nearly, the stature of those he was speaking with, by the direction of their voices; and he made tolerable conjectures, respecting their tempers and dispositions, by the manner in which they conducted their conversation.

It must be observed, that this gentleman's eyes were not totally insensible to intense light. The rays refracted through a prism, when sufficiently vivid, produced certain distinguishable effects on them. The red gave him a disagreeable sensation, which he compared to the touch of a saw. As the colours declined in violence, the harshness lessened, until the green afforded a sensation that was highly pleasing to him; and which he described as conveying an idea similar to what he felt in running his hand over smooth polished surfaces. Polished surfaces, meandering streams, and gentle declivities, were the figures by which he expressed his ideas of beauty. Rugged rocks, irregular points, and boisterous elements, furnished him with expressions for terror and disgust. He excelled in the charms of conversation; was happy in his allusions to visual objects; and discoursed on the nature, composition, and beauty of colours, with pertinence and precision.

Dr. Moyes was a striking instance of the power the human soul possesses, of finding resources of satisfaction, even under the most rigorous calamities. Though involved "in ever-during darkness," and excluded from the charming views of silent or animated nature—though dependent on an undertaking for the means of his subsistence, the success of which was very precarious—in short, though destitute of other support than his genius, and under the mercenary protection of a person, whose integrity he suspected—still Dr. Moyes was generally cheerful and apparently happy. Indeed it must afford much pleasure to the feeling heart, to observe this hilarity of temper prevail, almost universally, with the blind. Though "cut off from the ways of men, and the contemplation of the human face divine," they have this consolation, they are exempt from the discernment, and contagious influence of those painful emotions of the soul, that are visible on the countenance, and which hypocrisy itself can scarcely conceal. This disposition, likewise, may be considered as an internal evidence of the native worth of the human mind; that thus supports its dignity and cheerfulness under one of the severest misfortunes that can possibly befall us. Nor is this cheerful resignation peculiar to those who have been blind from their birth; we find it also generally prevail with such as have lost their sight, even at a more advanced age; and who must, undoubtedly, feel the misfortune with the utmost anguish. The distressing recollection, which memory must present, of former enjoyments, we find, however, soon subside. Gentler and more pleasing reflexions succeed. Contemplation takes her residence in her proper province, the human mind; and the blind submissively and cheerfully resign themselves to the will of heaven, and the benevolent protection of the less unfortunate of their fellow creatures. And hard, indeed, is the heart of him, who will not stretch out his hand to succour the blind; or who, by injustice, illiberality, or unkindness, adds a sting to the conscious dependence, to which, while they live, they must ever be subjected.

The blind people I have hitherto selected to speak of, it may be remarked, were such as had their native faculties excited and matured by early and attentive education. But we shall find, even where education has been wanting, and



the blind left, in a great measure, to the simple exertions of nature, that the natural faculties themselves make surprising efforts towards supplying the deficiency of sight. I shall bring forward to your notice a person well known in this neighbourhood, of which he is a native. This is one John Metcalf, who, like the gentleman already mentioned, became blind at a very early age, so as to be entirely unconscious of light and its various effects. This man passed the younger part of his life as a waggoner, and occasionally as a guide in intricate roads during the night, or when the tracks were covered with snow. Strange as this may appear to those who can see, the employment he has since undertaken is still more extraordinary: it is one of the last to which we should suppose a blind man would ever turn his attention. His present occupation is that of a projector and surveyor of highways in difficult and mountainous parts. With the assistance only of a long staff, I have several times met this man traversing the roads, ascending precipices, exploring valleys, and investigating their several extents, forms, and situations, so as to answer his designs in the best manner. The plans which he designs, and the estimates he makes, are done in a method peculiar to himself; and which he cannot well convey the meaning of to others. His abilities, in this respect, are, nevertheless, so great, that he finds constant employment. Most of the roads over the Peak in Derbyshire have been altered by his directions, particularly those in the vicinity of Buxton: and he is, at this time, constructing a new one betwixt Wilmslow and Congleton, with a view to open a communication to the great London road, without being obliged to pass over the mountains\*. These instances will, I am persuaded, be sufficient to prove, how effectually, by proper exercise, the other senses may be refined and perfected, so as, in many respects, to supply the loss of sight. The sensations of smell and taste, indeed, are so very limited, that they do not seem capable of yielding many peculiar advantages to blind people: but the perceptions of hearing and touch, as we have seen, may be applied to purposes wonderfully extensive. *(To be continued.)*

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*Extent of London—contrast between the city and the west end of the town—peculiarities in the houses, and public buildings—the pavement—assurance of houses.*

From Archenholz's picture of England.

**T**HIRTY years ago, it was difficult to ascertain whether London or Paris was the largest city. Since, however, they have prescribed certain bounds to the latter, which they are not allowed to exceed, and this wise regulation has not yet been adopted in the metropolis of England, which every day receives a new increase of buildings; it cannot now be doubted that the English have the misfortune to possess a capital infinitely more extensive than the French. That which adds not a little to its magnitude, is the great number of large villages, which serve as country houses; and which being incorporated, as it

#### NOTE.

\* Since this paper was written, and had the honour of being delivered to the Society, I have met this blind projector of the roads, who was alone, as usual; and among other conversation, I made some enquiries respecting this new road. It was really astonishing to hear with what accuracy he described the courses, and the nature of the different soils, through which it was conducted. Having mentioned to him a boggy piece of ground it passed through, he observed, that "that was the only place he had doubts concerning; and that he was apprehensive they had, contrary to his directions, been too sparing of their materials."

were, with the suburbs of the town, form with it a monstrous aggregate, to which there are neither limits nor regulations. No less than forty three thousand new houses were built, between 1762 and 1779.

Some enlightened patriots have attempted to stop this evil, which is continually increasing. "It is madness," say they, "thus to roof all the county of Middlesex with tiles." The sagacious North thought proper to impose a duty on bricks; but far from attaining the end proposed, the rage for building seemed only to increase. The projectors were not in the least frightened with this tax: being certain of always finding inhabitants, they only became anxious to make their houses more agreeable and commodious than formerly.

For these twenty years past, an actual emigration has taken place from the eastern parts of London towards the western; thousands have left the former, where they do not erect new buildings, for the latter, where the most fertile fields and most agreeable gardens are daily metamorphosed into houses and streets.

The city, especially the houses along the banks of the Thames, is composed of old ruins: the streets are narrow, obscure, and badly paved: it is the residence of the seamen, of the workmen employed in ship building, and of a great part of the Jews who reside in London. The contrast between that and the western parts of the metropolis, is astonishing: the houses there are almost all new, and of an excellent construction; the squares are magnificent; the streets are built in straight lines, and perfectly well lighted: no city in Europe is better paved. If London were equally well built, no place in the whole world would be comparable to it.

It is a singular circumstance, and one that no traveller has ever remarked, that the western division of London, which is in extent more than half the capital, and which is entirely separated from the city, has not as yet received any name. When the citizens speak of any particular part of it, they content themselves with mentioning the name of the street; and when they talk of the whole, they term it—the other end of the town. Foreigners and geographers do wrong in calling this prodigious assemblage of streets and squares, Westminster; that district does not form a tenth of it; all the rest is included in that of Middlesex.

As every thing in that country is singular, it is not in the least surprising that the capital should be placed in different counties, and each particular portion of it has a distinct jurisdiction.

The city, which is the smallest division of London, has its own magistrates; all the rest is governed by justices of the peace, which gives occasion to a remarkable difference in the police. In the former it is more severe and exact; the love of order and industry is also more perceptible.

Two towns, a hundred leagues distant from each other, cannot have less resemblance than there is between the city and the other parts of London. The form of government—the regulations—the privileges—the taste and arrangement of the houses—the manner of living—every thing, in one word, renders this difference remarkable.

The citizens are represented in parliament by four members, whom they alone elect. The other inhabitants of the metropolis, according to the districts which they inhabit, vote for Middlesex, Surry, Kent, and Westminster.

During the fire in 1666, thirty thousand four hundred houses, eighty-seven churches, and twenty-six hospitals in the city, were consumed by the flames. Of this terrible devastation no trace now remains: but as every person was anxious to rebuild his dwelling house, necessity made them neglect to make the buildings either regular or convenient. From thence proceed the number of ill-formed masses of brick and mortar, dark and without taste—the crooked and

narrow streets, and the obscure situation of the churches and other public edifices : faults which have been carefully avoided in the western parts of the capital.

The churches eastward of Temple Bar are heaped upon one another ; they have all been rebuilt on their ancient foundations ; and one would imagine, from their numbers, that London was formerly composed of chapels and convents. West of Temple Bar, on the other hand, there are very few : the zeal to lodge themselves seems more to have influenced the inhabitants, than the desire to erect places of worship for the Deity. In some parts, there are six thousand houses to one parish church.

The shops are open by eight o'clock every morning in the city ; all is then in motion, every body is at work ; while, on the other hand, at the court end of the town, the streets are empty, the houses shut, and even the very domestics are asleep ; the sound of coaches is not heard, and one seems to walk about in a place that has been deserted. This difference, which extends to drinking and eating, amusements, dress, and manner of expression, occasions a kind of hatred between the inhabitants of each. Those in the city charge the people who live at the west end of the town with luxury, idleness, effeminacy, and an attachment to French fashions ; while the others speak of a citizen as a dull, fat animal, who places all his merits in his strong box.

But it is more especially when the lord mayor, sheriffs, and common council have an audience at St. James's, to present a petition, or compliment his majesty on some great event, that the courtiers attempt to ridicule them. One may easily imagine, that a simple tradesman, totally unacquainted with the modes and customs of a court, will not be able to acquit himself on such solemn occasions with the ease of a courtier, who has made etiquette his chief and his only study, and who looks upon it as the most interesting and the most useful of all accomplishments.

This antipathy is so notorious, that it is mentioned in ballads, noticed on the stage, and is not forgotten even in the parliament itself. In Italy, they would arm themselves with poignards, and spill each others' blood on a similar occasion ; but so far from being attended with fatal consequences in England, it serves only to banish the spleen of the nation.

The English nobility generally live three quarters of the year in the country. This ancient custom of staying but a short time in the capital, is the reason why there are so few magnificent mansions in London. It is observed, however, that the metropolis having lately acquired more attractions, people of distinction now reside there longer than they were wont to do : however, they still look on their country seats as their principal habitations.

Many families who have twenty thousand a year, have but a few apartments in town ; and, as they keep a prodigious train of servants, are of course confined in regard to room. In a short time this inconvenience will no longer exist, as a number of people of fashion are now building superb palaces.

It may be thought that this custom is encouraged by government : but although the chief design of all courts be, to draw around them the greater part of the nobility, to add to their splendor, and take away from them the power of raising disturbances in the provinces ; I am, however, of opinion, that nothing but the pleasures of the metropolis influence the English.

The nation already begins to be less attached to hunting, and to feel a greater passion for the fine arts, and every thing that can add to the pleasures of a sensual life. It is also certain, that the next generation of the nobility will reside, like those of France, entirely in the capital. When one considers that, since this custom has prevailed, those commotions which the great used formerly to ferment, have altogether subsided ; and that in England and Poland alone, where

the nobility reside on their estates, disturbances of this kind have happened in the present age; it must be allowed, that luxury, against which so much declamation prevails, has been attended with at least some good consequences.

This new inclination, by which the wealthy are induced to live in London, has given to projectors the idea of building large streets, and extensive squares, adorned with excellent houses. These houses, which may be regarded as so many palaces, are very lofty, exceedingly commodious, and have each of them two stories under ground, to which sufficient light is communicated, by means of a fore court. The servants are lodged, and the kitchen, store rooms, &c. are placed there, so that the rest of the house is entirely at the disposal of the master.

The builders have generally a lease of ninety-nine years, and at the end of that term are obliged either to give up the premises, or renew the agreement on paying a fine. The duke of Portland has eight thousand buildings erected in this manner on his estate in the neighbourhood of town.

It is to this custom that the want of solidity in the houses, and the few master-pieces of architecture which we meet with in London, may be fairly attributed. If this reason did not exist, rich individuals would glory in decorating the capital of their native country. However, the disadvantage is in a great measure recompensed by the commodiousness of the buildings.

Every house is abundantly supplied with water, by means of pipes, which distribute it to all the streets in London. This profusion is of the greatest use in case of fire, by placing the engines so as to receive a constant supply. One need never be afraid of scarcity of this precious commodity; for, not contented with making the Thames to run through all parts of the town, they have brought the New River from the county of Hertford for the same purpose. By means of engines at London Bridge they raise the river to a prodigious height, and then circulate it through wooden pipes.

They are careful in England not only to insure their houses and their shops, but even public buildings, such as churches, hospitals, and theatres. This precaution is not used in Paris, notwithstanding its boasted regulations are raised to the skies. Any one may also insure his goods and wardrobe; nay, every thing but his ready money. This excellent establishment is however sometimes abused: more than one rogue has burnt his own house; and as this kind of crime is very difficult to be proved, the office is generally obliged to pay the amount of the demand. Immediately after the fire, the assurers become entitled to their money, having first transmitted the amount of their losses, and attested the statement by an oath. Notwithstanding the number of houses annually consumed in London by the flames, a mere trifle is given for the risk: it is usually no more than in the proportion of half a crown for a hundred pounds.

By means of large foot-ways of hewn stone, the passengers, without being incommoded by the horses and carriages, pass freely along. No coachman, under the penalty of twenty shillings, dares to drive upon this, or touch the kerb stone, even if he is obliged to wait whole hours. Considerable sums are appropriated towards the repairing of these excellent foot-ways; a regulation at once singular and wise, prevents the pavement from being hurt, as the carts, waggons, &c. are now obliged to make use of wheels with rims six inches in diameter. These, so far from hurting the streets, make them more firm, and, in a certain degree, repair the damages which the chariots, coaches, and other light carriages have occasioned.



*A dissertation on porter, read before the medical society of South-Carolina, on the 28th of May 1791. By dr. Budd.*

Mr. President, and gentlemen,

**A**GREEABLE to your orders at the last meeting of the society, I now rise to give you my sentiments on porter. By porter, I mean that vinous fermented liquor, made in London, of a particular kind of malt, with the Thames water. Was this porter made of good water, perhaps it would be equal to any beer in the world; but the Thames water taken up at the city of London, is a composition of all kinds of filth that the power of the human mind can conceive. Stinking meat and fish, with the blood and garbage from the butchers' slaughter-houses, kept till they are full of vermin—the carcases of every species of dead animals—the saliva, dressings, and disagreeable matter from the hospitals and lungs of five or six thousand consumptive persons—the excrements from above a million of human beings, and perhaps twice that number of other animals, are discharged by a number of common sewers that run through the city into the Thames, and form this base composition which permit me to call the essence of porter. Perhaps there may be some propriety in the name, as it is this filthy collection which gives the London porter the particular flavour that makes it so much admired by the lovers of that liquor. Is it unreasonable to suppose, that we can make such a taste agreeable, when we see with how much pleasure some men chew tobacco? Was the essence of porter the worst ingredient in it, it might, perhaps, be wholesome; the boiling would evaporate the volatile alkaline salts, and at least make it smell better. But it is well known, the city of London is the greatest manufacturing place in England, where immense quantities of linen, woollens, cottons, silks, &c. are made, and brought from other places to be dyed and fitted for market. These dyes are known to consist of animal, vegetable and mineral poisons. On going down the river through the city, you will see the channels discharging the dye stuff of every colour into it, in (perhaps I may say with truth) several hundred places, besides the great quantity brought by the common sewers, mixed with the essence of porter, which, near low water, rushes in like a torrent. This, mixed with the paint, rust of lead, and copper, washed from above an hundred thousand houses, the poisons thrown from the laboratories of the chemists, the druggists, and apothecaries shops, have scarce time to mix with the Thames, before they are raised by the waterworks under London bridge, thrown up into a reservoir, and conveyed by pipes into the brew-houses and cellars of the inhabitants; when the water enters the tubs in the cellars, it is full of the essence of porter: but let it stand ten or twelve hours, the filth precipitates, the disagreeable smell evaporates, and the water in the upper part of the tub appears clean. If you make use of a close stool pan over night, fill it with good water, mix it well together, and let it stand till morning, it will then appear much like the Thames water in the tubs. After the tubs have been filled three or four times, they are taken out, emptied, and washed. When this is done, there is found a large quantity of the most stinking, filthy, disagreeable matter, that had covered the bottom several inches deep. I shall now proceed to answer every thing I have heard in favour of London porter, or the water it is brewed with.

“Every body knows the Thames water is the best in the world.” If every body means only the lower class of inhabitants of the city of London, the assertion is true; or at least they think they know it, which to them is much the same thing; but if every body includes men of sense, the assertion is false. Can any man of sense believe that the Supreme Being has constructed better clouds to discharge the water near the head of the Thames, than elsewhere, or that he has made a superior kind of earth to strain it through? No, sir, to the philosophic



mind, the water at the head of that river must appear exactly the same as the water at the head of the Rhine, the Rhone, the Danube, or the Shannon in Europe; or the Delaware, the Patowmack, or the Congaree in the united states.

When the river Thames was much wider at London than it is now, and there was not above a thousand inhabitants in it, I suppose the water was equal to any in England, which, an Englishman will tell you, is superior to any thing in the world. Nay, so strong are the prejudices of the lower class, that they believe England to be the best country in the world; that their native shire or county is the best in England, and that the small town they were born in, exceeds any part of that shire or county. Thus each individual enjoys the pleasure of being born on the best spot on the face of the earth. It is also believed in England, that one Englishman is able to beat three Frenchmen, although a very candid English author says, "On a full investigation of the matter, he finds that one Englishman is not able to beat more than two Frenchmen of equal strength, activity and courage; and (says he) every body knows, a Frenchman may be as active, as brave, and as strong as an Englishman." I mention these two cases to show how far prejudices may get the better of the human mind. When once the inhabitants believed the Thames water was the best in the world, as the city grew, the prejudice grew with it, although every addition to their number, and every encroachment on the river, had a tendency to make it worse. It is now about three hundred yards wide at the city, with three large bridges (I may say in it) to prevent the continual and inexhaustible influx of the essence of porter, paint and dye stuff from running off; yet there are some so infatuated as to believe this discharge from Pandora's box, to be the best water in the world. My God, where is the boasted superiority of man to the brute creation! The horse, by instinct, knows the wholesome grass, and the dog knows his physic; but man, proud man, with his boasted reason, will swallow the worst of poisons, and turn again, and devour his own excrement!

"That the Thames water keeps better at sea than any other," is an argument advanced in its favour. This almost every American sailor will tell you is not true: and the number of voyages lately made from the united states to China, without a drop of Thames water, and the particular healthy state of the seamen, is a convincing proof that this is an English or a London prejudice.

"When a bung is taken out of a cask of Thames water, there is so much spirit in it, that it will flash like gunpowder, if you apply a candle to it." This may be true and easily accounted for; although the ships take up their water

#### NOTE.

\* Inflammable air. We owe the knowledge of the existence, and of some remarkable properties of this air, to Mr. Cavendish, by whom they were first published in 1767. Its effects, however, had long before been fatally experienced by miners, in whose subterraneous habitations it is often collected in such quantities as to produce the most dreadful effects. It is produced in abundance from putrid, animal, and vegetable substances, and in general by all those that part with their phlogiston easily. By itself it is very noxious, and will instantly put an end to animal life. Its great inflammability in this state, renders it very dangerous to bring any light, or even to strike a flint with steel in those places where it abounds. Besides the subterraneous places already mentioned, this kind of air is found in ditches, over the surface of putrid waters, out of which it escapes; in burying places; in houses of office, where putrid animal and vegetable matters are accumulated; and as putrefaction thus seems to be

below the city, and at the height of the tide, when the common sewers are closed, yet it contains so much of the essence of porter, of which phosphorus is made, that it is no wonder it will flash like gunpowder. But were they to take it with the last of the ebb or the first of the flood, when the porter breweries are supplied with water, it would contain ten times the salt, and perhaps flash ten times as much.

"The citizens of London use this water in their beer, their tea, their bread, &c. are not they hearty?" Whoever will examine the bills of mortality for twenty years past, will find the deaths in London exceed the births near one tenth; above half that are born, die under ten years old; and one half of these die of convulsions occasioned by the mothers drinking porter caudle in child-bed, and plenty of it while they suckle, under pretence of making milk for the children; the poisonous particles of the paint and dye stuff, are conveyed to the bowels of the tender infant, irritate the nerves, bring on violent griping pains, convulsions, and death. In this manner one fourth that are born, within the bills of mortality, make their untimely exit within a year; one half that die above ten years old, die of consumptions. For twenty years past, there have been born in London, a little more than nineteen thousand children, one year with another. The deaths in the same time, are on an average near twenty one thousand; of these it will be found, that between five and six thousand die of convulsions, and about the same number of consumptions. As far as has been in my power to examine, I have found the births to exceed the deaths in the city of Paris: this is the difference between drinking wine and porter. A late author informs us, "that the provision is good and wholesome, and the city of London is placed in a healthy situation, and yet consumptions prevail there more than in any part of the world." His local prejudice was too strong for him to discover that the bane of the city was the Thames water, which, from his infancy, he had been taught to believe was the best in the world. It has been asserted, that the sulphureous smell of the coal, gives the inhabitants of the city of London the consumption, &c. In my opinion, the fires have rather a tendency to cleanse and purify the putrid air of the city, than make it worse. Birmingham consumes more coal in proportion to its number than London; they work in silver, lead, copper, and mercury; the rust and fumes of these metals are well known to be very destructive to the human species: yet they are not one fourth part as much afflicted with consumptions as the Londoners. It has been said, all large cities are more unhealthy than country places; and that the city of Edinburgh abounds with consumptive patients. Permit me to ask, whether that city is remarkable for cleanliness, or whether it is not full of that which the Lord commanded Moses, to order the Jews to carry a paddle on their weapons and turn again and cover? Is not the air of Edinburgh replete with the putrid volatile particles of the essence of porter, especially in the morning, when the human body is most exposed to contagion? Is it not probable that the lungs may be injured in the first instance by the disagreeable smell? Inflammatory diseases of the lungs, are more common in a cold climate than warm; may not the first cause of consumptions in Edinburgh, proceed from pleuritis, peripneumonies, &c. I know that consumptions often succeed pulmonary complaints in the northern states, where they are both ten times as common as they are in Charleston. Perhaps, to gentlemen fond of theory, there are more unreasonable conjectures,

## NOTE.

the principle of inflammable air, it thence happens, that much more of it is produced in warm than in cold climates: but Mr. Cavallo informs us, that it may be plentifully procured in all the ponds about London.

[American Encyclopædia, vol. 1. p. 171.]

than to suppose that most of the consumptions in London are brought on by poisonous mineral particles in porter, wounding the minute vessels in the coats of the small arteries and veins, that are too fine to be seen by the naked eye. Here obstructions, inflammations, and suppurations may be formed, the sharp, corrosive matter may be absorbed into the blood, and carried by circulation into the lungs, wound the tender vessels and bring on incurable consumptions.

Some say, "they know the Thames water is as bad as here described, but all the beer in London is brewed with the new river water." The new river was brought from Hertfordshire to a basin near Islington, in the last century. But if we can believe the Roman and English histories, beer was used by the ancient Britons before the conquest; most of the brew houses are so far from the new river, that it would be very impracticable for them to use that water; should they attempt it, more malt must be used to make it equally strong, and supply the place of the essence of porter, and then it would not have that much esteemed flavour. It has been said, that in the northern states, they have found a method of burning a little malt to give their porter the true London flavour; but some of the best connoisseurs, after seeing the bottles and method of corking them, say they can discover the cheat by the taste. It is supposed by some, that boiling, fermenting, and clarifying, purifies the porter. Boiling evaporates the volatile salts, and comminutes the small metallic particles, and makes them fitter to be suspended in the beer, which is a substance much thicker than water: but the more you boil it, the stronger it will be of the mineral poisons. Fermentation adds nothing to it; nor does it take any thing from it. The sweet taste of the wort is changed into the vinous taste of porter. It does not precipitate any of the deleterious particles to the bottom, nor raise them to the top, or the yeast would poison those who eat the London bread.

Perhaps it would be well if nothing worse could be said of clarifying the London porter. If common fame may be believed, it is not the better for that operation; but as I have strictly confined myself to facts, it would not be right now to give you loose reports.

I now come, mr. President, to the strongest argument I have heard. "But I love it." Perhaps this argument supports all other arguments, and is an argument not to be confuted by any arguments. Only permit me to say, he that will gratify his taste, in preference to preserving his health, may be permitted to follow his own inclination without the least danger of injuring his country. It sometimes happens, that those who have come forward to oppose old established prejudices, have laid themselves open to ridicule and satire; but if any thing I have said, will have a tendency to save the life of a single member of this society, I am willing to risk every consequence.



*The art of procuring pleasant dreams. By dr. Franklin.*

Inscribed to miss \* \* \* \* \*. Being written at her request.

**A**S a great part of our life is spent in sleep, during which we have sometimes pleasing and sometimes painful dreams, it becomes of some consequence to obtain the one kind, and avoid the other; for, whether real or imaginary, pain is pain, and pleasure is pleasure. If we can sleep without dreaming, it is well that painful dreams are avoided. If, while we sleep, we can have any pleasing dreams, it is, as the French say, *tant gagné*, so much added to the pleasure of life.

To this end, it is, in the first place, necessary to be careful, in preserving

health, by due exercise and great temperance ; for, in sickness the imagination is disturbed ; and disagreeable, sometimes terrible ideas are apt to present themselves. Exercise should precede meals, not immediately follow them ; the first promotes, the latter, unless moderate, obstructs digestion. If, after exercise, we feed sparingly, the digestion will be easy and good, the body lightsome, the temper cheerful, and all the animal functions performed agreeably. Sleep, when it follows, will be natural and undisturbed. While indolence, with full feeding, occasion night mares, and horrors inexpressible ; we fall from precipices, are assailed by wild beasts, murderers, and demons, and experience every variety of distress. Observe, however, that the quantities of food and exercise are relative things : those who move much may, and indeed ought to, eat more : those who use little exercise, should eat little. In general, mankind, since the improvement of cookery, eat about twice as much as nature requires. Suppers are not bad, if we have not dined ; but restless nights naturally follow hearty suppers, after full dinners. Indeed, as there is a difference in constitutions, some rest well after these meals ; it costs them only a frightful dream, and an apoplexy, after which they sleep till doomsday. Nothing is more common in the newspapers, than instances of people, who, after eating a hearty supper, are found dead abed in the morning.

Another means of preserving health, to be attended to, is the having a constant supply of fresh air in your bed-chamber. It has been a great mistake, the sleeping in rooms exactly closed, and in beds surrounded by curtains. No outward air that may come in to you, is so unwholesome as the unchanged air, often breathed, of a close chamber. As boiling water does not grow hotter by longer boiling, if the particles that receive greater heat can escape : soliving bodies do not putrify, if the particles, as fast as they become putrid, can be thrown off. Nature expels them by the pores of the skin and lungs ; and, in a free open air, they are carried off ; but in a close room, we receive them again and again, though they become more and more corrupt. A number of persons, crowded into a small room, thus spoil the air in a few minutes, and even render it mortal, as in the Black Hole at Calcutta. A single person is said to spoil only a gallon of air per minute, and therefore requires a longer time to spoil a chamber full ; but it is done, however, in proportion, and many putrid disorders hence have their origin. It is recorded of Methusalem, who, being the longest liver, may be supposed to have best preserved his health, that he slept always in the open air ; for, when he had lived 500 years, an angel said to him, " Arise, Methusalem, and build thee an house, for thou shalt live yet 500 years longer." But Methusalem answered and said, " If I am to live but 500 years longer, it is not worth while to build me an house—I will sleep in the air as I have been used to do." Physicians, after having for ages contended, that the sick should not be indulged with fresh air, have at length discovered, that it may do them good. It is therefore to be hoped, they may, in time, discover likewise, that it is not hurtful to those who are in health ; and that we may be then cured of the *aerophobia* that at present distresses weak minds, and makes them choose to be stifled and poisoned, rather than leave open the window of a bedchamber or put down the glass of a coach.

Confined air, when saturated with perspirable matter,\* will not receive more : and that matter must remain in our bodies, and occasion diseases : but it gives some previous notice of its being about to be hurtful, by producing certain uneasinesses, slight indeed, at first, such as, with regard to the lungs, is a trifling

#### NOTE.

\* What physicians call the perspirable matter, is that vapour which passes off from our bodies, from the lungs, and through the pores of the skin. The quantity of this is said to be five-eighths of what we eat and drink.



sensation, and to the pores of the skin, a kind of restlessness, which is difficult to describe, and few that feel it know the cause of it. But we may recollect, that sometimes on waking in the night, we have, if warmly covered, found it difficult to get asleep again. We turn often without finding repose in any position. This fidgettiness, to use a vulgar expression, for want of a better, is occasioned wholly by an uneasiness in the skin, owing to the retention of the perspirable matter—the bedclothes having received their quantity, and being saturated, refusing to take any more: to become sensible of this, by an experiment, let a person keep his position in the bed, but throw off the bedclothes, and suffer fresh air to approach the part uncovered of his body; he will then feel that part suddenly refreshed; for the air will immediately relieve the skin, by receiving, licking up, and carrying off the load of perspirable matter that incommoded it. For every portion of cool air that approaches the warm skin, in receiving its part of that vapour, receives therewith a degree of heat, that rarefies and renders it lighter, when it will be pushed away, with its burden, by cooler, and, therefore, heavier fresh air; which, for a moment, supplies its place; and, then, being likewise charged, and warmed, gives way to a succeeding quantity: this is the order of nature, to prevent animals being infected by their own perspiration. He will now be sensible of the difference between the part exposed to the air, and that which, remaining sunk in the bed, denies the air access: for this part now manifests its uneasiness more distinctly by the comparison; and the seat of the uneasiness is more plainly perceived, than when the whole surface of the body was affected by it.

Here, then, is one great and general cause of unpleasant dreams: for, when the body is uneasy, the mind will be disturbed by it; and disagreeable ideas of various kinds, will, in sleep, be the natural consequences. The remedies, preventive and curative, follow:

1. By eating moderately, (as before advised for health's sake) less perspirable matter is produced in a given time; hence the bedclothes receive it longer before they are saturated; and we may, therefore, sleep longer, before we are made uneasy by their refusing to receive any more.

2. By using thinner and more porous bedclothes, which will suffer the perspirable matter more easily to pass through them, we are less incommoded, such being longer tolerable.

3. When you are awakened by this uneasiness, and find you cannot easily sleep again, get out of bed, beat up and turn your pillow, shake the bedclothes well, with at least twenty shakes, then throw the bed open, and leave it to cool; in the mean while, continuing undrest, walk about your chamber, till your skin has had time to discharge its load, which it will do sooner, as the air may be drier and colder. When you begin to feel the cold air unpleasant, then return to your bed; and you will soon fall asleep, and your sleep will be sweet and pleasant. All the scenes presented to your fancy will be of the pleasing kind—I am often as agreeably entertained with them, as by the scenery of an opera. If you happen to be too indolent to get out of bed, you may, instead of it, lift up your bedclothes with one arm and leg, so as to draw in a good deal of fresh air, and, by letting them fall, force it out again. This repeated twenty times, will so well clear them of the perspirable matter they have imbibed, as to permit your sleeping well for some time afterwards. But this latter method is not equal to the former.

Those who do not love trouble, and can afford to have two beds, will find great luxury, in rising when they wake in a hot bed, and going into the cool one. Such shifting of beds would also be of great service to persons ill of a fever, as it refreshes, and frequently procures sleep. A very large bed, that will

admit a removal, so distant from the first situation, as to be cool and sweet, may in a degree, answer the same end.

One or two observations more will conclude this little piece. Care must be taken, when you lie down, to dispose your pillow so as to suit your manner of placing your head, and to be perfectly easy: then place your limbs so as not to bear inconveniently hard upon one another, as, for instance, the joints of your ankles: for, though a bad position may at first give but little pain, and be hardly noticed, yet a continuance will render it less tolerable; and the uneasiness may come on, while you are asleep, and disturb your imagination.

These are the rules of the art; but though they will generally prove effectual in producing the end intended, there is a case, in which the most punctual observance of them all will be totally fruitless. I need not mention the case to you, my dear friend: but my account of the art would be imperfect without it. The case is, when the person who desires to have pleasant dreams, has not taken care to preserve, what is necessary above all things

A GOOD CONSCIENCE.



*Letters to a young lady. By the rev. John Bennet. Continued from page 11.*

#### LETTER IV.

**Y**OUR question is a very proper one; and I will give you the best satisfaction in my power.

Pronunciation, or that part of grammar, called orthoepy, as to any uncommon or difficult words, is governed by the quantity, which those words have in the original language, from which they are derived. As you cannot be supposed to understand the dead languages, you will, of course, frequently, be at a loss how to pronounce many words with propriety. The only method is recourse to a dictionary; and the best, in my opinion, are those of Sheridan and Johnson. Pronunciation, however, is a very fluctuating thing; and though there certainly is a standard of propriety, over which mere fashion ought to have no power, yet I should always recommend a conformity to the manners of the politest people you may happen to converse with, rather than a pedantic affectation of grammatical strictness. The latter would be thought a conceited ostentation of knowledge, which, in a young lady, would not be forgiven.

The allusions to Jupiter, Pallas, Venus, the Graces, the Muses, Helicon, Parnassus, which have so much embarrassed you in the poets you have lately read, will be fully explained in Tooke's pantheon, or history of the heathen gods. The general fact is, that before the knowledge of the true God dawned on their minds, these poor, ignorant heathens never dreamed of one omnipotent, all-sufficient, all-pervading spirit, whom the scriptures have revealed, and described, as possessed of all possible perfections. They, therefore, formed to themselves a multiplicity of gods, and attributed to one of them in particular, with a specific name, every great quality or superior excellence, that appeared beyond the ability of mortals. These deities they arranged into different classes, according to their supposed degrees of pre-eminence; and fancied some of them to inhabit the heavens, and others, the woods, groves, rivers, springs, mountains, &c.

You will be amused with their fanciful opinions; and if you think aright, you will learn to bless the Almighty, on your knees, for having cast your lot in an age and country, where the gospel has dispersed these mistis and errors, dignified our views and nature beyond all expression, and given us the clearest knowledge of our duty. You will feel the force and propriety of that clause in

our liturgy : " We bless thee for our creation, preservation, and all the blessings of this life ; but above all, for thine inestimable love in the redemption of the world by our Lord Jesus Christ ; for the means of grace, and for the hope of glory."

#### LETTER V.

*My dear Lucy,*

**A** little taste for the fine arts of painting, sculpture, and architecture, will be of singular use. It will render every excursion you make, and every curiosity you behold, exceedingly delightful, and enable you to become entertaining to all, with whom you converse.

A person thus accomplished, surveys an elegant pile of building, the designs of a Palladio, the landscape of a Claude Lorrain, the portraits of a Titian, or the transfiguration of a Raphael, with uncommon rapture, and can entertain herself, for hours, with a ruin or a castle, in which the unskilful can see nothing but deformity, or the corrosions of time.

Writers on sculpture and architecture are not numerous : and I am wading beyond my depth, when I attempt to recommend them. Winkelman's reflexions on the sculpture of the Greeks, Evelyn's parallel of ancient and modern architecture, and Morris's lectures, may give you some ideas on the subject.

On the art of painting, more has been written ; yet without a natural genius for it, and some previous instructions from a master, I do not know, whether you will be able to make any great proficiency.

Webb's inquiry into the beauties of painting is a very learned, elegant, ingenious work, and interesting, in an high degree, even to those, who are, by no means, to be ranked among the cognoscenti. The quotations from Homer, Virgil, Shakespeare, Milton, Boileau, Moliere, Racine, Tasso, Ariosto, and Metastasio, are not only well contrived to illustrate the subject, but to delight every person of reading and taste ; while the picturesque imagery and splendid language, would stamp a value on any production.

I remember to have been charmed some years ago, with reading a small work entitled " an essay on prints and picturesque beauty." I do not recollect, whether it bore the name of any author ; but it struck me as a very interesting and valuable performance. Genius and knowledge were wonderfully united, and embellished the whole.

Ferguson's art of drawing in perspective, I conceive to be useful, as an elementary work. An essay on landscape may be considered in the same light ; and you will be instructed and delighted, at the same time, with Hayley's two epistles to Romney, and Fresnoy's art of painting, translated by Mason. This last mentioned author is said to excel in the three sister arts of painting, poetry, and music. In the two first he has given the world specimens of his skill ; with the latter he is said frequently to entertain the circle of his private friends.

I am much interested, believe me, in the relish I would give you for this species of improvement. I look forward, with a degree of pleasure, to the time, when I may be the companion of your little tours, and delighted with your observations ; when we may hang, in curiosity, over fossils and petrefactions ; when we shall pore over paintings, building, ruins, with all the luxury of artists, and in such rational, innocent pleasures endeavour to forget the sorrows, that will crowd on this variegated life.

#### LETTER VI.

**I**T is so very agreeable to peruse voyages and travels into foreign countries by way of coming easily at a knowledge of their history, customs, ceremonies and degrees of civilization, that I do not wonder at the number and multiplicity of these productions. Authors wish to be read ; and this is the sort of work, which, if judiciously executed, suits every taste. It has a tendency to

enlarge the mind, and divest it of illiberal prejudices. Books of this kind are now become so numerous, that the difficulty only is how to make the selection.

I will begin with Moore, for he has pleased universally. Your collection will be graced by his view of society and manners in France, Switzerland, and Germany, in two volumes, and his view of society in Italy, in two more.

Wraxall is another writer in this way, who has superior merit. He has published a tour through the northern parts of Europe, and through France.

Pennant has been singularly happy in all his attempts. He interests the antiquarian, the scholar, and the man of genius in his various productions. His works are numerous. A tour through Scotland, voyages to the Hebrides, a tour in North Wales, a journey to Snowdon, and a journey from Chester to London, &c.

Switzerland is one of those romantic countries, that delights us in idea. Coxe has given sketches of it in a very pleasing and picturesque manner.

Sherlock's English traveller is a very original and entertaining book. The author is evidently a man of fancy and genius, but rather fulsome in his panegyrics on particular characters, and excentric both in his sentiments and manner. He will, sometimes, make you smile with egotisms and the appearance of conceit; but he will enlighten your understanding.

Cordiner's antiquities and scenery of the north of Scotland is an entertaining work. The plates annexed to it, please the eye, and invigorate the imagination.

A tour to the lakes is become very fashionable, and is said abundantly to repay the traveller's curiosity. West's description of them may be useful, though the language appears too florid and poetical.

The tour to Ermenonville I have never seen; but it is mentioned as possessing considerable merit. Gilpin's description of the river Wye abounds with beautiful scenery, and is a most lively and entertaining production.

But the catalogue would be endless. A thousand other books of this kind are at hand, whenever you are disposed to travel with them in your closet.

But after all this recommendation of different studies, do not mistake me. I do not want to make you a fine writer, an historian, a naturalist, a geographer, an astronomer, a poet, a painter, a connoisseur, or a virtuoso of any kind. But I would have you to possess such a general knowledge, as will usefully and innocently fill up your leisure hours, raise your taste above fantastic levities, render you an agreeable friend and acquaintance, qualify you for the solid duties of your station, whatever they may be, and elevate, above all, your soul to him, who is the source of all knowledge, greatness and perfection. (*To be continued.*)

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## A HINT TO FARMERS.

### WHEAT.

**W**HEN this valuable grain has attained it full plumpness, and begins to show its ripening colour, it should be reaped and laid a few days with the ears a little elevated, to harden, before it is bound up, and afterwards stand at least a week or ten days in shock, which will be the means of its proving sweeter, weighing heavier, and yielding a much greater proportion of flour, and less of bran, than when it is suffered to stand on the ground until the ears become inverted, and the corn parched and shrivelled; but this is far from being the whole of the evil; for the straw, when cut in a dry and brittle state, is not so valuable for thatch, fodder, or litter, as it is when cut in a greener state; and when a brisk wind happens, there is frequently a loss sustained of one third of the crop.